

# HealWell

EXPO 2023

# HEALTH & WELLNESS

EXPO 2023



COME JOIN US!

## EVENT HIGHLIGHTS!

- ✓ FREE Health Assessments & Consultation
- ✓ Healthy Cooking Demo
- ✓ Fitness Programs
- ✓ Fun Programs for Kids
- ✓ Health Talks
- ✓ Blood Donation Drive

ATTRACTIVE DEALS & MANY MORE!

FREE ADMISSION

*Event Launching*  
**HEALWELL EXPO & MAHSA HEALTH NEXUS**  
10 MARCH 2023

*Expo Open for Public*  
11 & 12 MARCH 2023  
10AM - 6PM

**MAHSA AVENUE,  
KL**

Organised By



Official Media Partner



Supporting Partners



MAKNA supports the Sustainable Development Goals.



# ROAD TO WELLNESS

COME JOIN US!

1  
FREE  
Blood Pressure  
Monitoring Test  
& Glucose Test

2  
FREE  
BMI & Body  
Composition  
Analysis

3  
FREE Eye  
Check Up

4  
FREE Lung  
Function Test

5  
FREE Dental  
Check Up

6  
FREE  
Ultrasound  
Abdomen

7  
FREE  
Physiotherapy  
Consultation

8  
FREE  
Nutritional  
Consultation

9  
FREE  
Mammogram  
Examination

10  
Super Value  
Packages &  
free gifts

11  
Fitness  
Programs

12  
FREE  
Skin Profile  
Assessment

13  
FREE Grip  
& Strength  
Assessment

14  
Healthy  
Cooking  
Demo

15  
FREE Consultation  
with Weight Loss  
Specialist

16  
Meet & Greet  
Health  
Ambassadors

17  
Fun Programs  
for Kids

18  
Health  
Talks

19  
Blood  
Donation  
Drive



AVENUE Specialist Clinic @  
MAHSA Health Nexus

11 & 12  
MARCH  
SAT & SUN | 10AM – 6PM | 2023

MAHSA AVENUE,  
Block C, Jalan Ilmu Off Jalan Profesor  
Diraja Ungku Aziz, Lorong Universiti,  
59100 Kuala Lumpur

FREE  
ADMISSION